

COACHING & MENTORING

Being a manager and leader in today's public services can be a lonely experience. You're expected to appear confident in an ever-more complex and fast-moving environment, work across organisational and political boundaries, deliver better services with diminishing resources and still find time to stand back and think strategically – but who can you go to for a sounding board?

The good news is that we can help. If you'd benefit from someone who can support you to reflect, clarify your options and facilitate your own decision-making, one of our experienced Coaches could be just what you need. Alternatively, for somebody with direct experience of the challenges you face, or an understanding of your discipline, an expert Mentor could help you define your goals, meet your targets or improve your personal performance.

A professional coach/mentor will establish a relationship with you through a series of conversations, which help you to choose your own goals and decide the best way to achieve them. We'll support you to recognise and make best use of your own resources, and to identify how you can improve your competence, decision-making and all-round quality of life.

For more information, contact:

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