



Ways to Help During the Coronavirus Crisis



With the Coronavirus lockdown in full effect in the UK, many of us are looking for ways we can help to support the most vulnerable individuals in our communities during the outbreak.

We've pulled together a list of a handful of organisations who are helping to provide food, hygiene products, assistance and financial aid during the crisis. This is by no means an exhaustive list so please feel free to look into other local, national or global organisations to support during this crisis.

It's also important to remember that small acts of kindness go a long way in times of crises. If you're able, offering to pick up essentials or simply checking in with neighbours via text or a note through the letterbox can go a long way towards letting people know that they're not alone.

By working together we can build a community we're proud to be a part of, and we will come out of this united and strong.

Food Banks, Donations & Basic Hygiene Packages



[The Trussell Trust](#) - a nationwide network of food banks providing emergency food and support

[FareShare](#) - the UK's national network of charitable food redistributors

[Manchester Central Food Bank](#) - helping local people in crisis

[Action Homeless Food Stop, Leicester](#) - a local charity tackling the causes and consequences of homelessness

[Co-Operation Birmingham](#) - a local charity which has set up a crowdfunder to setup a solidarity kitchen and distribution centre

[AGE UK, Camden](#) - Part of the wider AGE UK charity, AGE UK Camden have started an emergency appeal to provide essentials to older people in distress.

[First Days Children's Charity](#) - currently providing emergency childcare essentials packages to families in financial difficulty

[Beauty Banks](#) - a crowdfunding campaign aiming to provide basic hygiene essentials to people in need



**“There is no power greater for
change greater than a community
discovering what it cares about.”**

Margaret J. Wheatley